

Bradford or Bust

Bike ride from Leicester to Hebden Bridge in aid of the Network Resource Centre Leicester and the Bradford Soteria Project. Aug 22nd-27th

In August 2011 a small band of intrepid cyclists will be getting on their bikes and heading north along the Pennine Bridleway through the Peak District to the Yorkshire Moors in aid of two mental health projects.

The ride consists of around 150miles round trip starting and ending in South Derbyshire and should take around 5 days at a steady pace...



Beneficiaries



The Network Resource Centre...

The Network Resource Centre aims to break away from traditional Day Centre models by providing a programme of groups/activities specifically designed, managed and part-delivered by service users. Regular consultation events, feedback questionnaires and service user led steering group meetings ensure members retain ownership of the Centre programme. Paid voluntary work opportunities are available to service users who wish to lead /co-run groups and develop their skills.

The centre despite its success has been unable to secure local statutory funding and relies solely on small grants charitable donations to keep it going and needs funding to continue to provide vital support.

www.networkforchange.org.uk

Sign our online petition <http://www.petitionbuzz.com/petitions/saveournrc>

Soteria Network UK Bradford Project...

The Soteria Network UK are a network of people in the UK promoting the development of drug-free and minimum medication therapeutic environments for people experiencing 'psychosis' or extreme states. They are part of an international movement of service users, survivors, activists, carers and professionals fighting for more humane, non-coercive mental health services.

The Bradford group are raising money to develop the UK's first Soteria Project.

www.soterianetwork.org.uk/bradford/bradford.html

Donations and equipment

Donations can be made directly to Network for Change or by adding your details to the sponsor form and proceeds will be shared equally between the two projects

Equipment for the journey (Specifically panniers, Light weight tent and camping equipment) would be most welcome and once used be donated to the Network Resource Centre.

For more information please contact Darren O'Brien

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